Student ATHlete Holiday Calendar

ATHLETE TRAINING + HEALTH

December 18, 2023 - January 1, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Linear	Linear	Multi-Direction	Multi-Direction	Compete	Compete
8-12 Year Olds 9:30am - 10:30am 4:30pm - 5:30pm 5:30pm - 6:30pm	8-12 Year Olds 9:30am - 10:30am 4:30pm - 5:30pm 5:30pm - 6:30pm	8-12 Year Olds 9:30am - 10:30am 4:30pm - 5:30pm 5:30pm - 6:30pm	8-12 Year Olds 9:30am - 10:30am 4:30pm - 5:30pm 5:30pm - 6:30pm	8-12 Year Olds 9:30am - 10:30am 4:30pm - 5:30pm 5:30pm - 6:30pm	8-12 Year Olds 10:00am-11:00am Speed School 12-18 Year Olds 10:00am-11:00am Speed School
12-14 Year Olds 12:00pm - 1:30pm	<u>12-14 Year Olds</u> 12:00pm - 1:30pm	12-14 Year Olds	12-14 Year Olds	12-14 Year Olds	11:00am-12:00pm
5:00pm - 6:30pm	5:00pm - 6:30pm	12:00pm - 1:30pm 5:00pm - 6:30pm	12:00pm - 1:30pm 5:00pm - 6:30pm	12:00pm - 1:00pm 5:30pm - 6:30pm	Strength School
14-18 Year Olds 10:30am - 12pm 3:30pm - 5:00pm	14-18 Year Olds 10:30am - 11:30am 4:30pm - 5:30pm	CLOSED Saturday 12/23/23 Sunday 12/24/23 Monday 12/25/23 Saturday 12/30/23 Sunday 12/31/23 Monday 1/1/24			

Download our app or call to schedule classes

(713-568-8986) athkaty.com