

Job Title : Athletic Performance Director

Position Summary:

The primary role of the Athletic Performance Director (APD) is to ensure that all coaching and non-coaching hours are reflective of the highest standard. The APD is responsible for monitoring and evaluating all coaching, education and performance related administration both internal and external among the performance coaching staff. All aspects should be delegated appropriately when necessary to ensure the development of all performance coaches in a scalable and productive manner. Blending a desire for a high-quality with strategic vision, business acumen, leadership and self-directed initiatives are key characteristics in pursuing growth and synergy within ATH and externally in collaboration with its partners and affiliates. This role is the heartbeat of the performance coaching staff to ensure synergy between the coaching staff and other departments

Primary Responsibilities:

Coaching

 Responsible for the overall development of Rebuild and Next Level Athlete training programs. Ensure the scalability of both training programs while ensuring a high quality through supervision of coaching and programming. APD will primarily coach 1:1 and qualitative group aspects of both training programs

Development of Training Programs and Coaches (Internal and External)

- Oversee all training programs within the training center, working closely with Senior Performance Coaches to ensure all aspects (Internal and External) of Student, Forever and Team Athlete Training Programs are being ran appropriately at a high standard.
- Oversee the all 3 educational tiers of coach development with specific input each month on coordinating and evaluating performance coaches completing the mentorship.

Performance Administration

• Ensuring consistent communication through email, staff meetings and performance reviews at a professional standard at all times. Scheduling, planning and training center related tasks

Growth and synergy

• Ensure staff relations are maintained and balanced across departments within the training center, with corporate staff and with partners and affiliates specific to the given location.

Responsibilities	Coaching 40%	Training and Coach Development (Int & Ext) 25%	Performance Administration 25%	Growth and Synergy 10%
7 1	Rebuild & Next Level	5 Training Programs	Communications	Relations
, , , ,	Rebuild & Next Level	Education Tiers	Scheduling & Planning	
	Team, SA, & FA	Evaluation Metrics		
	1:1			

Breakdown of Role

AthleteTrainingandHealth.com

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