



Effective Sept 3, 2019

LEVEL	DAY	TIME	DURATION
Student ATHlete 8-12yrs	Monday - Thursday	4:30p, 5:30p, 6:30p	60 min
	Friday	4:30p, 5:30p	
	Saturday	9:00am	
Student ATHlete 12-14yrs	Monday - Thursday	4:30p, 6:00p	90 min
	Friday	4:30p	60 min
	Saturday	10:00a	
Student ATHlete 14-18yrs	Monday - Thursday	3:30p, 5:15p	90 min
	Friday	3:30p	60 min
	Saturday	10:00am	
Forever ATHlete	Monday - Thursday	5:00a, 6:00a, 7:30a, 8:30a, 9:30a	60 min
		4:30p, 5:30p, 6:30p, 7:30p	
	Friday	5:00a, 6:00a, 7:30a, 8:30a, 9:30a	
		1:00p, 4:30p, 5:30p	
	Saturday	9:00a	
Open Gym (18yrs and up)	*Mon/Wed/Fri*	1:00p	
	Monday - Thursday	5:00a-9:00p	
	Friday	5:00a -6:30p	
	Saturday	8:00a -12:00p	
Evaluations	Monday - Thursday	7:00p	
	Friday	5:00p	
	Saturday	8:00a, 11:00a	

KATY FALL SCHEDULE 2019